

Giving Back Sedona 2008

Spa Treatment Proceeds to Help Verde Valley Sanctuary

August 15th - 17th at A Spa for You Sedona Day Spa

August 18th - 20th at Sedona Rouge Hotel & Spa



It's mid-August, still hot and fall is fast approaching. Why not take a time out from Sedona summer madness and indulge yourself? Better yet why not pamper your inner being while knowing that it's helping someone else in need? Luxuriate in the fabulous spa treatment of your choice at *Sedona Rouge Hotel & Spa* or Sedona's premier Boutique Day Spa, *A Spa for You* and 20% of your session and 10% of retail sales will be donated to support the women and children at the Verde Valley Sanctuary (VVS).



Since 1993 VVS has helped protect, care for and provide life-saving services for women and children in difficult and abusive situations. "We thought *Giving Back Sedona* would be a wonderful way to help kids and moms at risk, and at the same time, provide nurturing and relaxing spa treatments for busy Sedona locals and our visitors," commented Thea Draaisma, LMT, owner of *A Spa for You*, *Sedona Day Spa* and founder of *Giving Back Sedona*.

VVS will receive 20% of spa services and 10% of retail sales at *A Spa for You* between Friday, August 15th - Sunday, August 17th chosen from its rich menu of individualized luxury massages, hot rock treatments, body wraps, Ayurvedic sessions, chakra balancing, reflexology, and the very popular unique Japanese Facial Massage using 100% pure botanical *Lafemation Clean Body & Skin Care* products. Treatments range from \$85 to \$115 and can be booked at (928) 282-3895. For more information: www.aspaforyou.com



General manager of Sedona Rouge Hotel & Spa, Ed Conway, continues to be supportive of Verde Valley Sanctuary and is offering a wide range of customized spa treatments for their clients. VVS will receive 20% of spa services and 10% of retail sales between Monday, August 18th - Wednesday, August 20th. "We are excited to support the Verde Valley Sanctuary with a program where spa services, which are usually beneficial for oneself, also

provide assistance to others in need," commented Sedona Rouge Spa Director, Greg Retegan. Ayurvedic services, massage, facials, energy work and body scrubs/wraps are part of the Spa offerings. Fees start at \$120 and include access to the sauna, Jacuzzi and pool. To book a spa service call: (928) 203-4842. Be sure to mention the Verde Valley Sanctuary when you book treatments. For more information: www.sedonarouge.com

For more information on *Giving Back Sedona 2008* please contact

Thea Draaisma at *A Spa for You* (928) 282-3895.